



Deep Cove Massage Therapy

Meet Kim Kirk



*Our mission is to provide
you with the very
best care possible.*



Kim Kirk

**Registered Massage Therapist
Lymphatic Drainage Therapy
RMT**

Kim Kirk graduated from the West Coast College of Massage Therapy and Hydrotherapy in 1991. After establishing a successful practice in Vancouver, Kim, who has lived in the Mount Seymour area for 12 years with her husband and ten year old son, now practices at Deep Cove Massage Therapy.

Kim is also certified from Florida's prestigious Upledger Institute, specializing in lymphatic drainage and compression bandaging. LDT (lymphatic Drainage Therapy) is a light hands-on method that stimulates the contraction of lymph vessels, resulting in excess fluids being removed from the body's tissues. This reduces swelling and congestion, improves function and lessens symptoms. It is very effective in dealing with post-surgery, trauma or a diagnosis of lymphedema.

Kim has been treating postural related issues for 19 years and uses a variety of techniques including myofascial, trigger point, visceral manipulation and lymphatic drainage to achieve the best results for each individual she treats.

**Kim looks forward to working with you
at Deep Cove Massage Therapy**

Open to Every Body

Medical referrals are not required for Clinic services.

**Deep Cove Massage Therapy
453 North Dollarton Highway
North Vancouver, BC
V7G 1M9**

**604.929.8444
7 am - 7 pm Mon - Fri
9 am - 1 pm Sat**

www.deepcovemassage.com
www.deepcovephysiotherapy.com