



Deep Cove Physiotherapy

Meet Theresa Schmidt



*Our mission is to
provide you with
the very best care
possible.*



Theresa Schmidt

*Registered Physiotherapist
Certificate in Manual and Manipulative Therapy
Certified in FitforeGolf
BScPT, RCAMT*

Theresa Schmidt brings 20 years of experience from working at a **sports physiotherapy** clinic and with the **Arthritis Society** to Deep Cove Physiotherapy. After completing her physiotherapy degree at UBC, she earned both an **Intermediate Manual and Manipulative Therapy Diploma** and full certification by the **Fit Fore Golf** program. After establishing a successful practice in West Vancouver, Theresa took time off to raise her two children, which led to an interest and expertise in treating **pre-** and **post-partum** health issues.

While living an active lifestyle including cycling, yoga, hiking and a gym program, Theresa spent five years working with the **Capilano Rugby Club** where she gained a broad experience treating sports injuries. Theresa has a keen interest in manual therapy and uses hands-on techniques combined with specific, targeted exercise programs to help her patients recover their full physical potential.

Her varied interests include treating **pre-** and **post-partum** problems, **golf** injuries and **arthritic** aches and ails.

Deep Cove Physiotherapy
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604.929.8444
7 am — 7 pm Mon - Fri

www.deepcovephysiotherapy.com

**Theresa looks forward to working with you
at Deep Cove Physiotherapy**

**Open to Every Body
Medical referrals are not required for Clinic services.**